

Climate not the Important Factor

Tuberculosis can be successfully treated anywhere. Climate has practically nothing to do with the matter. Formerly climate was looked upon as the most important factor in the production of tuberculosis, consequently it was also looked upon as the most important factor in the treatment. For many men it is difficult, even at the present time, to give up these ideas. It has been demonstrated, however, by practical tests that the disease can be successfully treated anywhere. * * * * All that is necessary is life in the open air, proper food, well regulated and carefully disciplined conduct, and, in more advanced cases, properly directed rest and exercise."—Flick.

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WM. H. PARKER, M. D.
MEDICAL DIRECTOR

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PATHOLOGIST

Chimborazo Sanatorium



A General Sanatorium

WITH SPECIAL ACCOMMODATIONS
FOR TUBERCULAR PATIENTS

RICHMOND, - - - VIRGINIA



Chimborazo Sanatorium

This is a recently established institution for the care of sufferers from Pulmonary Tuberculosis, and curable diseases of the respiratory organs, and, such other unobjectionable affections as require rest, open air, outdoor sleeping, and especially adapted dietetics.

BUILDING.—It is a colonial building; three stories, built of grey stone; long porticoes on North and South. It stands in stately elegance amid its surroundings of grassy lawns and fine trees. High and dry, the lot and buildings are so situated that the Southern exposure is the best.



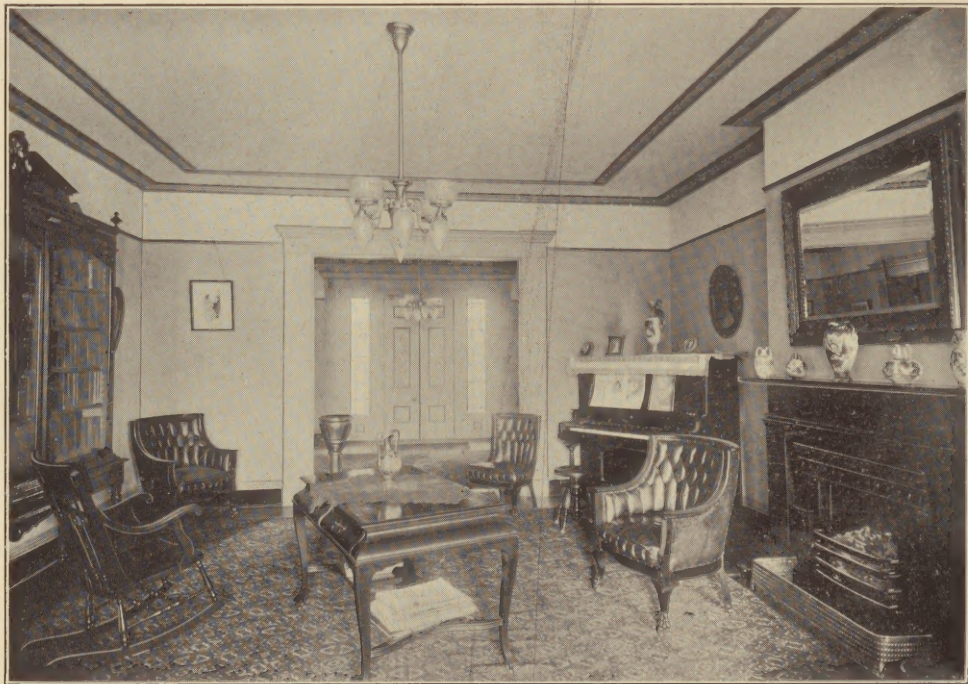
Main Hall

K5C5

There are terraces, trees, grass, flowers and shrubs which make it a scene of rustic and home-like beauty. The porticoes on the South side afford a fine view of the river, Manchester, and the adjacent country, and an ideal promenade and sleeping apartment for patients sorely in need of the life-giving ozone of the outer air.

Two acres of ground give assurance of abundance of Nature's elixir of fresh air. A spring of lithia water bubbles up cool and sparkling at the foot of the South lawn. Nature and art combine to make this spot attractive.

COTTAGES AND TENTS.—Cottages and tents will be constructed to accommodate guests who prefer very secluded life, and those who have relatives, friends, or nurses with them. We could erect two room cottages on demand, and also provide sanitary tents. We invite correspondence from prospective guests on this score.



Reception Room

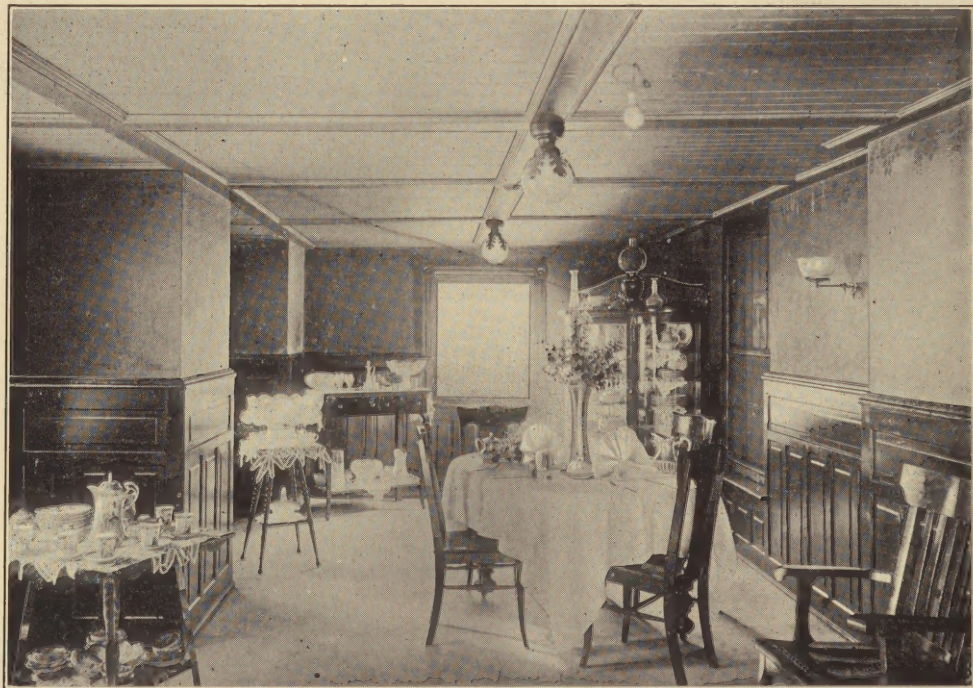
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ROOMS.—The rooms are large, sunny and well ventilated. The woodwork is of simple and pleasing design. The flooring throughout the institution, is of polished maple, which gives a hard surface not easily penetrated by bacteria and one easily cleaned. The beds are of enameled iron and the mattresses are the best.

The Sanatorium ideal has been realized as far as possible and the needs and comfort of patients provided for.

HEATING.—The vapor system is used for heating the building and the patients find their rooms comfortably warm while dressing and undressing.

LIGHTING AND CALL BELLS.—Electric lights are all through the house, in every room and portico. Call bells are also in every room and nurses are in constant attendance.



Corner of Dinning Room

BATHS.—Bath rooms are conveniently situated on each floor.

TREATMENT.—Rooms are thoroughly equipped for the scientific treatment.

The Hygienic—Dietetic—Open-air Treatment forms the basis supplemented by whatever we believe will aid. Rest and exercise are prescribed as needed. Hydrotherapy, inhalations, culture products and every measure we deem of value, are employed. IT IS THE POLICY OF THIS INSTITUTION TO GIVE VACCINE OR SERUM ONLY TO SUCH PATIENTS AS ARE DEEMED "SUITABLE."

The electrical room is fitted up with static and high frequency apparatus. There is also a well equipped nose and throat department, where the upper air passages are given the attention they require.

FOOD.—The great problem in combatting Tuberculosis is proper nutrition. The greatest and most careful attention is paid to this fact and it is sought to give to each patient the exact elements in his food that are needed.



Sleeping Out

PHYSICIANS AND NURSES.—A resident physician is in attendance and competent nurses are on hand to aid in giving to each patient that personal and individual attention so vitally necessary. There are no disturbing influences, the patients are under watchful and kind supervision and every effort is made to make them feel that, while their treatment is scientific, it is also sympathetic and that they are at home and among friends.

OUT OF DOOR LIFE AND AMUSEMENTS.—A croquet ground is provided for those who are able to enjoy this delightful out-of-door game. Hammocks and settees are to be found in some of the shady nooks and patients are encouraged by every means to lead an open-air life.

Musical entertainments are given several times a month by good talent, a billiard and pool room is provided for convalescents.

This institution is a young one, but it has demonstrated the fact that it fills a long felt want. The Sanatorium is easily reached from any part of the country, as Richmond is a railroad centre.



REQUISITES.—Patients must come provided with a steamer-rug, or similar wrap for outdoor use, comfortable wraps for general use, bathrobes and bed room slippers.

A cordial invitation is extended to medical men to visit the institution at all times.

For further particulars apply to:

CHIMBORAZO SANATORIUM, Richmond, Va.

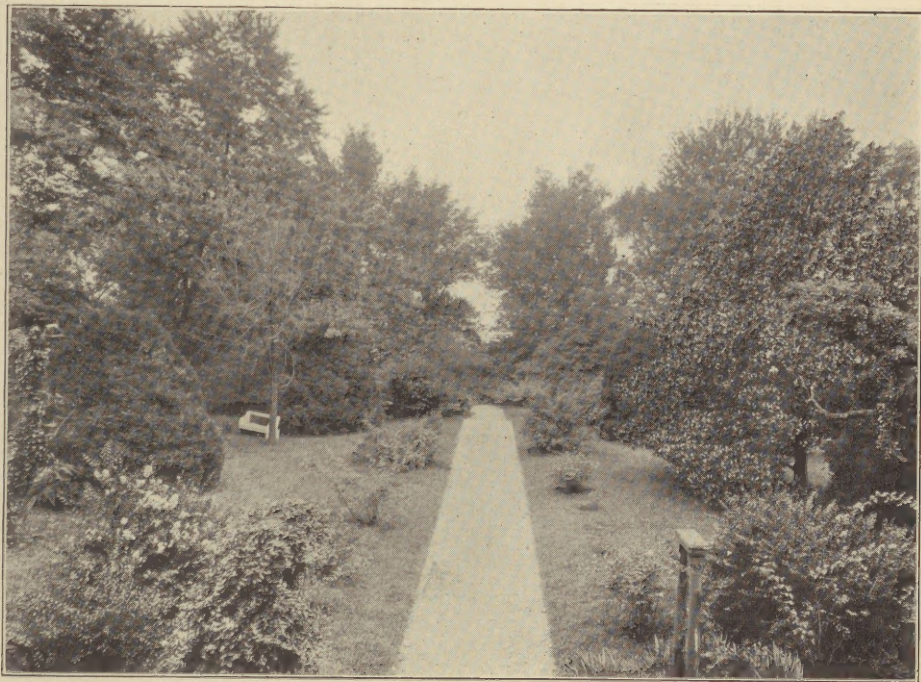
William H. Parker, M. D.,

Bell 'Phone 181.

Medical Director.



Dressing Room



A Shady Nook

